



# *The Wellwood*

## RESTAURANT

### WELCOME!

We have been working extra hard to provide additional safety measures for your dining experience.

Thank you for doing your part by socially distancing as much as possible. If you prefer a touch-free menu, please ask your server for the QR code.

Groups of 8 or more - 20% service charge will be added.

ENJOY YOUR MEAL WITH US, WE APPRECIATE  
YOUR SUPPORT!



# STARTERS



**OYSTERS ROCKEFELLER** Metz family blend of spinach, bacon, spices & cheese 18.25

**GF MARYLAND OYSTERS ON THE 1/2**

**SHELL** our own farm-raised oysters, shucked to order, cocktail sauce & lemon 12.99 (1/2 dozen) / 24.99 (dozen)

**CRAB DIP** creamy cheese, crab & spinach served in bread bowl with crackers 17.99

**SHRIMP & CHICKEN QUESADILLA** griddle blackened shrimp, roasted chicken, seared onion, green chilies, cremini mushrooms & cheddar jack cheese in a flour tortilla, seared golden; with tequila-lime sour cream 13.99

**FIRECRACKER SHRIMP** fried shrimp tossed in boom-boom sauce, lemon basil aioli 13.99

**FRIED CHEESE BITES** with marinara 10.99

**CRAB & CHEESE WAFFLE FRIES** topped with crab, house made cheese sauce & old bay 18.99

**CALAMARI** seasoned flour dusted, with Thai sweet & hot sauce or marinara 12.99

**GF EXTRA LARGE ARGENTINE SHRIMP**

steamed with old bay & onions, served with drawn butter 22.99 (1 lb)

**DRUNKEN SHELLFISH** sauteed in tomato, garlic, basil & lemon wine sauce with garlic bread. mussels or clams 15.99

**WELLWOOD FLATBREAD** grilled chicken, mozzarella, bacon, roasted garlic & basil aioli, drizzled with balsamic glaze 12.99

**GF OLD BAY SHRIMP POT** peeled Gulf shrimp steamed with old bay & onions, with cocktail sauce & lemon 12.99

**MUSSELS ARRABBIATA** with garlic bread 15.99

**GF STEAMED SHRIMP** peel & eat with old bay & onions 13.99 (1/2 lb) / 23.99 (1 lb)

**STARTER BASKETS**

french fries 6.99

waffle fries 8.99

hush puppies 7.99

## SOUPS

*award-winning*



**GF MARYLAND CRAB SOUP** cup 7.99 / crock 8.99

**WELLWOOD CRAB BISQUE** cup 7.99 / crock 8.99

**FRENCH ONION** toasted crouton, melted provolone 6.99

*did you know?*

**The Wellwood**

Oyster's Rockefeller is a family recipe going back over 65 years!





## FRESH SALADS & GREENS

**SOUTHWEST CHICKEN SALAD** organic grown lettuce with rotisserie chicken, tomato, roasted corn, black beans, chickpeas, bell peppers, cheddar jack cheese & fried avocado. served with blood orange vinaigrette 12.99

**ORIGINAL ROMAINE WEDGE** with bleu cheese crumbles, tomato, cucumber, hard-boiled egg, applewood bacon & house-made croutons. served with sweet vidalia onion vinaigrette 10.99

**GF CANDIED WALNUT** mixed greens, bleu cheese, candied walnuts & strawberries. served with raspberry vinaigrette 10.99 (large) / 6.99 (small)

**APPLE, CRANBERRY & WALNUT** crisp apples, dried cranberries, sugared walnuts, shaved red onion, pickled beets & bleu cheese crumbles atop a blend of baby spinach & garden mixed greens. served with blueberry-pomegranate vinaigrette 10.99

**CAESAR** romaine tossed with Caesar dressing, croutons & pecorino romano 10.99 (large) / 5.99 (small) - anchovy +1

## TOP OFF YOUR SALAD

**GRILLED CHICKEN BREAST** +11  
**FRIED OYSTERS** +14  
**GRILLED SHRIMP** +14

**SALMON** +16  
**FRESH CHILLED CRAB** +18  
**BLACKENED SCALLOPS** +18

*The Wellwood*

offers our Mobile Kitchen to cater your next event - freshly prepared food served directly to your guests!



\*consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have a medical condition.

# SANDWICHES

ALL SANDWICHES SERVED  
WITH CHIPS & COLE SLAW

- SUBSTITUTE:
- FRIES +2.00
- WAFFLE FRIES +4.00

**BUTTERMILK CHICKEN** flash fried & topped with lettuce, tomato, guacamole & bacon served on a brioche roll with chipotle ranch mayo 14.99

**SLOW ROASTED PULLED BRISKET** dredged in sweet molasses-bourbon BBQ sauce, topped with grilled onion & provolone cheese on ciabatta roll 15.99

**CRAB MELT** broiled Maryland crab on toasted baguette with tomato, melted provolone & cheddar 22.99

**SALMON BLT** thin cut seared Atlantic salmon on toasted wheat bread with lettuce, garden tomato, applewood bacon & lemon dill aioli 16.99

**CRAB CAKE** jumbo lump Maryland crabmeat, fried or broiled with lettuce, tomato & spicy pickle on a Martin's potato roll 21.99

**SURF & TURF BURGER\*** our famous 1/2 lb. ground beef burger topped with a Wellwood crab cake, cheddar, lettuce, tomato & spicy pickles on a brioche roll 27.99

**BUILD-A-BURGER\*** 1/2 lb. ground beef served with lettuce, tomato & spicy pickle on brioche roll 13.99

## toppings:

- grilled onion +1.00
- grilled mushroom +1.00
- applewood bacon +2.00
- american +1.00
- swiss +1.00
- provolone +1.00
- cheddar +1.00
- bleu cheese +2.00
- guacamole +1.50



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**HISTORICAL FUN FACT:** In the Late 1800's, The Wellwood Club was originally a private Hunting and Fishing Club that was established as "An organization of optimists and humanitarians in the broadest sense. Its purpose is to promote the 'happy' habit; to reduce the friction of life to a minimum and increase the pleasure of existence to the maximum; to discourage strife and promote good fellowship."

# CASUAL FARE



**FOUR PIECE FRIED CHICKEN** Wellwood's legendary chicken with corn bread, fries & cole slaw 17.49

**YUENGLING FISH & CHIPS** Yuengling battered cod fried until golden brown, with cole slaw, tartar sauce & potato wedges 18.99

**FRESH BUTTERMILK CHICKEN TENDERS** served with honey mustard dipping sauce, cole slaw & fries 15.99

**BRAISED CHICKEN POT PIE** savory blend with celery, carrot, sweet onion & green peas topped with delicate puff pastry, served with tossed salad 15.99

**FRENCH DIP** slow roasted rib-eye piled high on toasted french bread, provolone cheese, hot au jus, horsey sauce, served with potato wedges 16.99

**JAMBALAYA** authentic Louisiana classic with okra, andouille sausage, shrimp, scallops & chicken over white rice, accompanied by garlic bread 21.99

**FIRECRACKER SHRIMP TACOS** served with pico de gallo, lettuce, cheese, sour cream & warm tortilla shells 17.99 (+1.50 guacamole)

**BLACKENED CHICKEN TACOS** served with pico de gallo, lettuce, cheese, sour cream & warm tortilla shells 16.99 (+1.50 guacamole)

*the*  
**RIVER  
SHACK**



*love our* **FUN** *side?*

Visit The River Shack during the summer season for expanded casual fare options, all you can eat crabs, oven baked pizzas, frozen cocktails, live music, beach dining & Key West vibes.





# SEA-FARE ENTREES

**CRAB CAKE DINNER** Wellwood's jumbo lump fresh 5 oz. Maryland crab cake broiled **or** fried. single 21.99 / double 43.99

**BROILED SEA COMBO** 6oz. Maine lobster tail, crab cake, shrimp & scallops in butter, wine & lemon 44.99

**FRIED SEAFOOD PLATTER** lightly breaded crab cake, shrimp, oysters & market fish with hush puppies 34.99

**FRIED JUMBO GULF SHRIMP** lightly breaded 24.99


**FRIED OYSTER DINNER** lightly breaded 24.99

**GF SNOW CRAB LEGS** with drawn butter 44.99

**GF DUNGENESS CRAB LEGS** with drawn butter 44.99

**STUFFED SHRIMP** colossal shrimp topped with fresh Maryland jumbo lump crab imperial 32.99

**GF WELLWOOD'S BAKED CRAB IMPERIAL** medley of jumbo lump fresh Maryland crab meat mixed with imperial sauce 35.99

 **SCALLOP & CRAB ROCKEFELLER** griddle seared jumbo sea scallops topped with our signature Rockefeller sauce, lump crab & parmesan cheese, baked & finished with lemon aioli & Rockfish Johnnie's spicy sauce 34.99

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## ALL ENTREES SERVED WITH TWO SIDE ITEMS (UNLESS NOTED):

### INCLUDED:

- TOSSED SALAD
- SEASONED BAKED POTATO
- FRENCH FRIES
- APPLE SAUCE
- COLE SLAW
- SQUASH CREOLE
- SEASONAL VEGETABLE MEDLEY

### UPGRADE:

- BROCCOLI WITH CHEESE +3

*sides*

# FRESH FISH ENTREES

served with two sides

**GF ATLANTIC SALMON** 8oz. fillet 25.99

**GF ROCKFISH** 8oz. fillet 30.99

Prepared pan-seared, or baked with lemon-herb butter

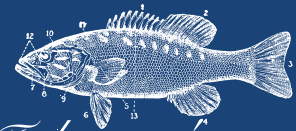


*top off your fish...*

**Crab Imperial** medley of fresh crab & imperial sauce +18

**Lemon-Dill Aioli** dill, lemon, garlic, olive oil +4

**Traditional Bruschetta** tomato, garlic, onion, basil, olive oil +5



*Fisherman's* DELIGHT

**DID YOU KNOW?** The Wellwood is within walking distance from the fishing pier & community boat ramp?



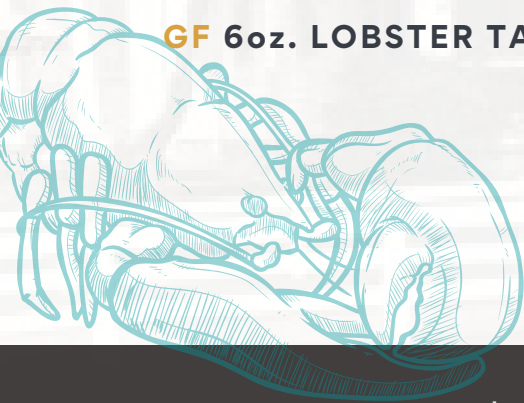
## LOBSTER TRAP ENTREES

served with two sides

**GF IMPERIAL STUFFED 6OZ LOBSTER TAIL** served with drawn butter & two sides 48.99

**GF SURF & TURF** 8oz. filet mignon & 6oz. lobster tail served with drawn butter 59.99

**GF 6oz. LOBSTER TAIL** served with drawn butter 28.99



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*We're celebrating!*



in 1998 Larry Metz reinvested his time, energy & passion in his family business - pairing people & food. He believed that if you build it they will come. Good food, good service & consistency will bring back a happy guest. We are human - but the intent of our hardworking team can't be beat. Thanks to your support, our loyal guests, our dreams for the Wellwood and the River Shack restaurants have been a reality.

**From the bottom of our hearts - WE THANK YOU!**

Sincerely, the Metz family & Staff

# LAND LOVERS

**GF PRIME RIB\* (FRI-SUN)** slow roasted with au jus  
31.99 (14oz.) / 38.99 (18oz.)

**GF FILET MIGNON\*** 8oz. center cut, seasoned & grilled 37.99

**CRAB IMPERIAL TOPPED FILET** 8oz. center cut, seasoned & grilled,  
topped with Wellwood crab imperial 48.99

**FLAT IRON & PETITE CRAB CAKE\*** rosemary, garlic & pepper marinated  
flat iron steak, cooked medium rare, paired with petite crab cake &  
finished with mushroom demi glace & tarragon aioli 34.99



*top off your steak...*

**Blackened** +1

**Bleu Cheese topped** +2

**Grilled** onions **or** mushrooms +3

**Maryland Crab Cake** +18

**Single 6oz. Lobster Tail** +21

**Crab Leg Cluster** snow crab **or** dungeness +20

*steak temperatures...*

**RARE** 120-125°red center

**medium RARE** 130-135°red to warm pink

**medium** 140-145°pink center

**well** 160-165°cooked

**CHICKEN CHESAPEAKE** breast of free range chicken topped with crab  
imperial & sherry cream sauce 32.99

**BBQ RIBS** slow roasted "fall off the bone" ribs in tangy BBQ sauce with  
cornbread, fries & slaw 18.99 (1/2 rack) / 31.99 (full rack)

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*\$2 split plate  
for entrees*

**ALL ENTREES SERVED WITH TWO  
SIDE ITEMS (UNLESS NOTED):**

**INCLUDED:**

- TOSSED SALAD
- SEASONED BAKED POTATO
- FRENCH FRIES
- APPLE SAUCE
- COLE SLAW
- SQUASH CREOLE
- SEASONAL VEGETABLE MEDLEY

**UPGRADE:**

- BROCCOLI WITH CHEESE +3

*sides*





## **PASTA** *served with one side & garlic bread*

**CHEESE RAVIOLI TOPPED WITH EXTRA-LARGE GULF SHRIMP & LUMP CRAB** in a tomato blush sauce. 31.99

**CHICKEN PARMESAN** breaded chicken with linguini, mozzarella & marinara sauce 23.99

**PASTA ALFREDO** linguini with pecorino romano cheese 18.99

*top off your pasta...*

**Chicken** +11  
**Broccoli** +4  
**Shrimp** +14  
**Crab Meat** +18

**GF** penne pasta  
available upon request

## **HOUSE WINES**

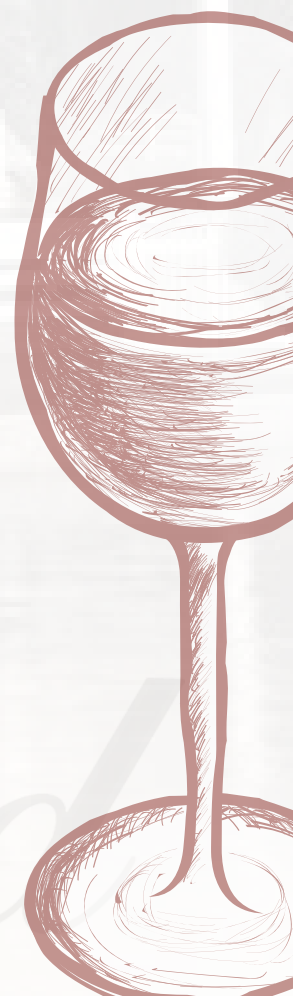
*pair nicely with Wellwood entrees*

**Red** Sea Sun Pinot Noir (CA) \$10

**White** Kendall Jackson Chardonnay (Santa Rosa, CA) \$11

**Sparkling** Veuve Clicquot Brut Reserve (Cuvee) \$14

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## DESSERTS

groups of 8 or more - 20% service charge will be added.

**SMITH ISLAND CAKE** the official dessert of Maryland! A delicious cake with 8 layers stacked as far as the eye can see. Ask your server for the flavor of the day! Served with whipped cream

**WARM BROWNIE SUNDAE** warm, homemade brownie topped with vanilla ice cream, chocolate syrup & whipped cream

**GF CREME BRULEE** traditional French custard made in-house with caramelized sugar top

**GF FLOURLESS CHOCOLATE TORTE CAKE** elegant & rich

**CHOCOLATE MOUSSE CAKE** layered with velvety chocolate mousse & topped with buttercream icing

**HAWAIIAN DELIGHT** moist yellow cake with coconut & pineapple mousse

**NEW YORK STYLE CHEESECAKE** with whipped cream

**BANANAS WELLWOOD** bananas sauteed in warm caramel sauce with salted caramel ice cream, crumbled graham crackers & whipped cream

**ICE CREAM** vanilla / chocolate / salted caramel

 **KEY LIME PIE** homemade key lime pie topped with fresh whipped cream & shaved lime zest on graham cracker crust

**CHEF'S DESSERT** ask your server



## DRINK YOUR *dessert*

check out our specialty cocktail list which features a full page of options, including: MARTINIS & MARGARITAS!

